



2023 MENTAL HEALTH COURT CONFERENCE

May 23-25, 2023 | Virtual Conference Series

Mental health professionals, treatment providers, law enforcement, case managers, prosecutors, defense attorneys, judges, client advocates and others who serve mental health court participants are invited to attend this comprehensive training.

Questions?

Aleesha Ward

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OUR SPEAKERS

Virtual Conference
Hosted via Zoom Webinar,
virtual platform

23

MAY

12 - 3 CST



Paul Brasler, LCSW, CAIP

24

MAY

12 - 3 CST



Serene Thin Elk, MA, LPC-MH, LAC, QMHP

25

MAY

12 - 3 CST



Norma D. Jaeger, Ph.D. (ABD)

NO REGISTRATION FEE
REGISTER AT:

https://courts-state-mn-us.zoomgov.com/webinar/register/WN_KUTE5E7RRouM76X4hPe1BA

Paul Brasler, LCSW, CAIP

Day 1 | Tuesday, May 23rd | 12:00pm - 3:00pm CST

Dual Diagnosis Treatment

Objectives

- Explain the basic neurobiology of addictive chemicals.
- Describe the signs and symptoms of substance intoxication, and distinguish withdrawal syndromes for opioids, stimulants, alcohol, and cannabinoids.
- Understand the interaction between SUD and mental illness.
- Analyze medication-assisted therapies for opioid use disorder.

Paul became a Licensed Clinical Social Worker in 2002. He is the owner of Providence Consulting & Education, L.L.C., through which he provides clinical supervision and professional education services across the country. Paul is currently in private practice, including a practice that provides Ketamine-Assisted Psychotherapy. Paul has extensive experience in working with people in crisis and people living with SUD, including community mental health settings, hospital settings, Juvenile Drug Court, private practice, foster care, and adolescent residential treatment.

Paul has been a PESI presenter since 2016, and he has presented classes on Mental Health Emergencies, High-Risk Clients, and a certification course for clinicians working with people with substance use disorder across the county. His second book, *The Clinician's Guide to Substance Use Disorders: Practical Tools for Assessment, Treatment and Recovery* (PESI Publishing), was published in October 2022. Paul lives in Richmond, Virginia, with his family.

Speaker: Serene Thin Elk, MA, LPC-MH, LAC, QMHP

Day 2 | Wednesday, May 24th | 12:00pm - 3:00pm CST

Inclusivity and Healing from a Dakota/Nakota/Lakota Perspective

This presentation, "Inclusivity and Healing from a Dakota/Nakota/Lakota Perspective" will include information on D/N/Lakota cultural teachings and how it is incorporated into the integrated care model at South Dakota Urban Indian Health. Presenters will review concepts of generational and historical trauma and how this impacts the health needs and outcomes for our Indigenous community members. Cultural considerations when working with Indigenous relatives will be discussed along with learning how adopting a collective identity approach within organizations can strengthen not only staff wellness but also the relatives/patients that you serve. Interventions that are trauma-informed and culturally inclusive will be discussed when working with Indigenous relatives.

Serene Thin Elk is a licensed mental health and addiction therapist who is an enrolled member of the Ihanktowan Nation (Yankton Sioux Tribe) and is also from the Sicangu Oyate (Rosebud Sioux Tribe). Serene is passionate about addressing patterns of intergenerational transmission and finding way to help individuals, families, and communities heal from effects of historical trauma and systematic oppression. Serene has worked in hospitals, clinics, community-based mental health centers, and residential facilities since she obtained her master's degree in Expressive Therapies in 2008. She integrates Lakota, Dakota, and Nakota culture and the creative arts in her therapeutic work.

Norma D. Jaeger, Ph.D. (ABD)

Topic 1: Pathways to Lasting Recovery

Topic 2: Assess your mental health court and its current "stage of change"

Day 3 | Thursday, May 25th | 12:00pm - 3:00pm CST

Pathways to Lasting Recovery

This presentation will make the case that the true goal of mental health court is lasting recovery and how the court can successfully guide mental health court participants to lasting recovery. A definition of recovery and its SAMHSA- identified domains will be provided. The case that will be made that successful completion of mental health court should lead to lives in recovery in ways that will be individually determined and life-long. Strategies for the journey through each mental health court phase will be highlighted. Of critical importance is how participants become integrated into the larger community as well as their chosen recovery community. The concept of recovery capital and how it can be assessed and built throughout the mental health court process will be examined. A menu of resources that contribute to establishing a recovery lifestyle will be identified, including active physical recreation, health management, faith community participation, peer support, and engagement of local recovery community resources will be addressed. The role of alumni groups and their potential contribution will be explored.

Assess your mental health court and its current "stage of change"

This presentation will provide a means of assessing each mental health court and how completely and successfully it has completed key tasks that exist in each stage of development. The Stages of Change model can be applied to court functioning and progress just as it can be applied to an individual and his or her movement along a progression toward desired behavior change. A model examining the tasks involved in each stage of change will be presented along with a team assessment tool to examine current court functioning and identify areas for strengthening. This presentation will be appropriate for courts from their earliest "new court" planning work to examining how successfully they are maintaining their operations.

Norma Jaeger spent more than thirty years managing and evaluating public addiction and mental health programs in Portland Oregon, and Seattle Washington and as the Statewide Coordinator for Idaho's 70+ Drug and Mental Health Courts. In Idaho, she worked to establish Idaho's nine mental health courts, obtained federal grants to support the state's mental health court effort and worked to obtain recognition for the Bonneville Mental Health Court as a national learning site. She served two terms on the Board of Directors of the National Association of Drug Court Professionals, and received the Stanley M. Goldstein Hall of Fame Award from that association and the Michael R. McLaughlin (mental health court) Founders Award from Idaho's Fourth Judicial District. In 2021 she was honored as a Idaho Recovery Hero at the Idaho Recovery in Action Summit. She taught for fifteen years at Boise State University in the Department of Criminal Justice and currently serves as Executive Director for Recovery Idaho, a statewide recovery community organization, where she co-authored training curricula for Peer Support Specialists and Recovery Coaches. She holds a Masters' Degree in Health Administration and is completing a dissertation for a Ph.D. in Public Policy and Administration from Boise State University, focused on procedural justice in treatment courts. She is honored to serve as Executive Producer for *I Married the War*, a documentary film illuminating the challenges and the resilience of wives of military combat veterans.