

2013 MINNESOTA DRUG & MENTAL HEALTH COURT CONFERENCE

Crowne Plaza Hotel St. Paul Riverfront

May 22-24, 2013

Agenda

Wednesday, May 22

Theme: Evidence-Based Practices / Format: Team Plenaries

1:00-1:45 pm

Welcome/Keynote:

State of Drug & Mental Health Courts

Presenters: Honorable Paul H. Anderson, Minnesota Supreme Court

Honorable Robert Rancourt, 10th Judicial District, Chair of the National Association of Drug Court Professionals

1:45-3:00 pm

[Evidence-Based Practices: Learning from Adult Drug Court Research](#)

Presenter: Honorable Allison Krehbiel, Brown-Nicollet-Watonwan Drug Court

Since the first drug court was implemented in 1989, drug courts have been put under a microscope to prove their effectiveness. Countless evaluations have proved their worth and, over the last few years, we are beginning to understand what practices in drug courts yield the best outcomes and cost savings. Many of these practices are found in all models of drug courts and mental health courts. This session will examine the evidence-based practices that transcend all court models to provide attendees with the information to modify their court to produce the maximum outcomes and cost savings.

3:00-3:15 pm

Break

3:15-4:15 pm

Evidence-Based Practices: Minnesota Statewide Evaluation Results and Follow-up

(materials: [MN Statewide Drug Court Evaluation PowerPoint](#), [MN Statewide Drug Court Evaluation Results](#) and [Evaluation Summary](#))

Presenter: Katie Schurrer, Research Analyst, State Court Administrator's Office

The Minnesota Statewide Adult Drug Court Evaluation was released June 2012. The evaluation was the first statewide analysis of drug courts in Minnesota and, for the first time, revealed the positive outcomes Minnesota's drug courts set to achieve. This session will describe the methodology, outcomes and additional analysis completed.

4:15-5:15 pm

Evidence-Based Practices: Program Modification in Minnesota's Courts

Presenters: Honorable Shaun Floerke, 6th Judicial District Chief Judge, So. St. Louis County DWI Court
Honorable Lisa Borgen, Clay-Becker Drug Court
Don Kautzmann, Clay-Becker Drug Court
Kevin Mettler, Blue Earth County Family Dependency Treatment Court

Two of the evidence-based practices that yield the greatest reduction in recidivism and reduce costs for drug courts are related to making program modification based upon data and formal evaluations. A panel of drug court professionals will speak about how their courts utilize data, embarked upon making modifications and the barriers/achievements resulting from the process.

5:15 pm

Adjourn

Thursday, May 23

Theme: Treatment / Format: Team Plenaries

The morning and afternoon sessions include three presentations in each session. Attendees are seated as teams with each of the three presentations presented at different times. Overall, attendees receive six different presentations throughout the day.

8:00-9:15 am

I: Effective Treatment for Parents, Families & Children

Presenter: Meghan Wheeler, Senior Consultant, National Drug Court Institute

Does your court utilize evidence-based treatment, child welfare, and court practices? Do you know the newest effective, science-based approaches for enhancing and modifying your drug court? This advanced session will allow drug court practitioners the opportunity to explore evidence-based practice techniques and assess the application of these techniques within their existing programs.

II: Applied Research Approaches to Effective Treatment

Presenter: Kenneth Arnold, Senior Director of Court Services, River Region Human Services

This presentation discusses the latest research on treatment, including descriptions of what constitutes good treatment. It describes and defines the differences between screening and assessment. It also talks about treatment planning, case management, treatment matching, assessment instruments, and the building a comprehensive continuum of treatment services. The presentation also introduces the audience to the importance of aftercare and the value of coercion in drug treatment success.

III: Overview of Mental Illness & Medications Used to Treat

Presenter: Deena McMahon, McMahon Counseling and Consultation Services

This workshop is practical rather than scientific/medical in its content. Material will be discussed based on how to sort out the impact of medications that are frequently prescribed. Specifically, diagnoses of Post-Traumatic Stress Disorder, ADHD, Depression, Anxiety and Bi-Polar Disorder will be discussed. The interactions between prescribed medications, recreational drugs and alcohol

9:15-10:30 am	<p><i>will also be discussed.</i></p> <p>I: Applied Research Approaches to Effective Treatment II: Overview of Mental Illness & Medications Used to Treat III: Effective Treatment for Parents, Families & Children</p>
10:30-11:00 am	Team Discussion/Break
11:00-12:15 pm	<p>I: Overview of Mental Illness & Medications Used to Treat II: Effective Treatment for Parents, Families & Children III: Applied Research Approaches to Effective Treatment</p>
12:15-1:15 pm	Lunch
1:15-2:30 pm	<p>I: Treatment Interventions for Co-Occurring Disorders Presenter: Deena McMahon, McMahon Counseling and Consultation Services <i>This workshop will offer insight into common mental health disorders that are often co-existing. The presentation will focus on common diagnoses, behaviors, and symptoms among adults, along with practical interventions, that are designed for their special needs. ODD, ADHD, PTSD, RAD, FASD, Anxiety and Depression will be presented in terms of behaviors, symptoms and intervention options.</i></p> <p>II: Medication-Assisted Treatment Presenter: Dr. Mark Willenbring, Founder and CEO, Alltyr: Transforming Treatment for Addictions <i>The use of Medication-Assisted Treatment among an abstinence-based treatment and recovery community is a subject that often splits this community down the middle. While abstinence-based treatment requires abstinence, many opioid, heroin and even alcoholic addicted individuals need the aid of medication to assist them in their recovery. This presentation will examine how MAT is a necessary criminal justice intervention, provide information about individuals involved in MAT and the legal liability for not offering MAT as an intervention.</i></p> <p>III: Treating Veterans in Courts-Specific Issues & Interventions Presenter: David Holewinski, Veterans Justice Outreach Coordinator, Minneapolis VA Health Care System <i>Veterans who have returned from combat often experience difficulty in resuming their civilian lives. Many find themselves turning to drugs and/or alcohol to cope, have untreated mental health issues and become involved in the criminal justice system. This session will examine the specific issues veterans face, possible interventions to assist them and resources available to drug and mental health courts to assist veterans.</i></p>
2:30-3:45 pm	I: Medication-Assisted Treatment

II: Treating Veterans in Courts-Specific Issues & Interventions

III: Treatment Interventions for Co-Occurring Disorders

3:45-4:15 pm

Team Discussion/Break

4:15-5:30 pm

I: Treating Veterans in Courts-Specific Issues & Interventions

II: Treatment Interventions for Co-Occurring Disorders

III: Medication-Assisted Treatment

5:30 pm

Adjourn

Friday, May 24

Theme: Toolbox / Format: Plenary & Breakouts

8:00-9:15 am

Plenary: Targeting Behaviors

Presenter: Meghan Wheeler, Senior Consultant, National Drug Court Institute

9:20-10:30 am

Breakout Sessions

A: Thorough Review of the 12 Steps

Presenter: James Johnson, Substance Abuse Services Program Manager, New Ulm Medical Center

As a part of recovery, drug court participants often participate in a 12-Step program. This breakout session will provide drug court professionals with an understanding of the 12-step principles to assist participants in their recovery.

B: Legal Issues

Presenters: Honorable Charles H. LeDuc, Borderland Substance Abuse Court

James Backstrom, Dakota County Attorney

Barbara Kehrberg, Hennepin County Public Defender

There are a variety of legal issues facing drug and mental health courts. Whether there are questions about due process, sharing of information or what is part of the court record, drug and mental health court professionals face unique challenges. This session will highlight some of these issues and offer strategies to resolve legal questions by examining national cases and how those decisions may affect Minnesota's courts.

C: Homelessness

Presenter: Monica Nilsson, Director of Community Engagement, St Stephen's Human Services, Board Member for MN Coalition for the Homeless

As a component of programming and identifying successful achievements in drug and mental health courts, securing and maintaining stable housing is a common issue facing participants. This session will examine the barriers in achieving stable housing and provide the attendee with potential resources for their participants.

D: Brain Development in Adolescents and Young Adults

Presenter: Deena McMahon, McMahon Counseling and Consultation Services

Drug and mental health court professionals face unique challenges in dealing with juvenile and young adult populations. The session will review how brain development affects achieving goals. It will examine a few of the common mental health issues adolescents and young adults present and strategies to aid in achieving goals.

10:30-10:45 am

Break

10:45-12:00 pm

Breakout Sessions

A: Ignition Interlock

Presenter: Bob Roeglin, Corrections Unit Supervisor, Hennepin County Community Corrections

This session will provide the attendee with an understanding of the 2012 law, how it impacts their participants and provides information about the Office of Traffic Safety's statewide program.

B: Affordable Health Care Act

Presenter: Charlie Mishek, Planning Director State, MN Department of Human Services

This session will examine what the Affordable Health Care Act's impact is on treatment and the courts. It will provide the attendee with an understanding of the Act in regard to treatment and innovations in health care now and in the future.

C: Peer Mentoring/Engaging Alumni & Volunteers

Presenters: Eric Thompson, Dodge County Hybrid Court

Kevin Mettler, Blue Earth County Hybrid Court & FDTC

Vernon Wallace, Hennepin County Veterans Treatment Court

A panel of drug and mental health court professionals will address how their program utilizes peer mentors, alumni and/or volunteers.

D: Compulsive Behaviors: When do they Cross the line to Addiction?

Presenter: Deena McMahon, McMahon Counseling and Consultation Services

A large number of drug and mental health courts present with co-occurring disorders. This session will examine common compulsive behaviors which may include gambling, eating, sex and others and attempt to draw the line of when behaviors cross over to addiction.

12:00 pm

Adjourn