

CARVER COUNTY DIVORCE EDUCATION PROGRAMS

Parents Forever Program

The Parents Forever Program helps divorcing couples make child-supportive decisions to preserve a positive parenting relationship with their children and each other. The Parents Forever Program is a twelve-hour curriculum covering five topics. Instructors have professional training and experience in parent education, law and/or counseling. Classes can be taken online, visit <http://www.extension.umn.edu/Family/parents-forever/families/online-course-for-parents> for further information.

Children In Between

The Center for Divorce Education offers live and online classes aimed at lowering stress levels of children and parents during dissolution by providing effective skills for interacting with their kids and each other. Call (877) 874-1365 or go to <https://www.divorce-education.com/mn/> for further information and registration.

The Co-Parenting Program

Two divorce education seminars are offered through Headway Emotional Health Services:

- 1) Co-Parenting - a 4.5 hour one-time seminar discussing ongoing cooperative parenting issues. This seminar is led by social service professionals who facilitate a discussion around creating a business-like communication between parents, understanding the ongoing and ever changing needs of their children, and the importance of consistent involvement in their kids' lives in and outside of the home.
- 2) L.E.A.D. – a 3.5 hour one-time informational seminar led by professionals in the legal field about the legal process and financial challenges of divorce/separation. Register online at <http://www.headway.org>. For more information call (612) 798-8181.

Bridging Parental Conflict

This class is designed to focus on one of the most troubling family issues family lawyers, mediators, and therapists are faced with today – keeping children out of the middle of parental conflict. This program will capture parents' attention through a safe and directive approach, guiding them through a positive and engaging experience. Parents are given the necessary information and tools to begin leading their children out of the middle of parental conflict. This 5.5 hour, one-time class, is facilitated by two therapists experienced in working with family systems. The class is designed for any parent who is having difficulty resolving conflict or issues with the other parent and would like to learn to disengage. Register online at <http://www.thebridgingcenter.com>. For more information call (612) 454-9291.

Online Parenting Programs

This online only company offers a wide array of parenting classes designed to assist families with co-parenting, parenting without conflict, parenting skills, military co-parenting, and behavioral skills training. Classes are between 2-12 hours in length with varying costs including sliding fee. Program benefits include multi-language availability, detailed reporting options, an ability to customize your education, and customer support. Detailed information and registration is available at <https://minnesota.onlineparentingprograms.com>. For more information call (866) 504-2883.

Co-Parenting 101

This class is not your ordinary co-parenting class. Our dynamic and spirited instructors make it fun, filled with rewarding info, and a really great “life skills” class for reducing overall stress in all your relationships. This class focuses on reducing conflict in the co-parenting relationship, making sure parents can meet their own goals, tips and tools for easier transitions through divorce, as well as interactive communication exercises. Each participant goes home with a folder full of tools and resources, and lunch and snacks are included! Register online at <http://www.elliefamilyservices.com/> or by calling (651) 313-8080.

Impact-Based Parent Education

Minnesota courts legislatively require that parents involved in litigation over children, be it divorce, parenting time, custody or paternity, attend a Minnesota Supreme Court approved parent education program, regardless if parents are proceeding by default and stipulated agreement. Impact Parent Education (IPE) for Separating and Divorcing Parents meets all requirements for court ordered online parent education under Minnesota Statute 518.157. Register online at <http://www.mediationworksnorth.org/> or call (218) 263-7307.